

INFORMATION FOR THE USER

CHLOROHISTOL

Antihistamine
Tablets

4mg
Chlorpheniramine Maleate

Read all of this leaflet carefully before you start taking this medicine

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet.

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1. What CHLOROHISTOL is and what it is used for

CHLOROHISTOL Tablets are used to treat the allergic symptoms of hayfever and other allergies. The active ingredient is chlorpheniramine maleate, an antihistamine which can help to relieve the symptoms of some allergies and itchy skin rashes. It can be used to treat the itchiness, redness, swelling, tenderness and irritation that can be caused by:

- hayfever and other allergies e.g. pet, house dust mite and mould spore allergies
- nettle rash and hives
- skin allergies and dermatitis
- prickly heat and heat rash
- reactions to food, food additives or medicines
- insect bites and stings

• the Itchy rash of chickenpox.

2. Before you take CHLOROHISTOL

Do not take CHLOROHISTOL:

- if you have ever had an allergic reaction to antihistamines or to any of the ingredients (listed in Section 6)
- if you have taken **monoamine oxidase inhibitors (MAOIs)** prescribed for **depression in the last two weeks**
- if you are taking other medicines containing other antihistamines, including products for the relief of colds and coughs.

Take special care with CHLOROHISTOL Tablets

- Talk to your doctor before you take these tablets if you have **very high blood pressure, heart disease, epilepsy, glaucoma, enlarged prostate, liver disease, kidney disease, bronchitis, asthma or bronchiectasis.**
- **Avoid drinking alcohol with this medicine.**
- **Do not drive or operate machinery** if the tablets make you feel drowsy or dizzy or if you experience blurred vision.
- If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before using **CHLOROHISTOL.**

If you are taking other medicines

Talk to your doctor or pharmacist before using this medicine if you are taking any prescribed medicines; particularly **phenytoin** (for epilepsy) or medicines for **anxiety** or to **help you sleep.**

Pregnancy and breast feeding

Talk to your doctor before taking **CHLOROHISTOL** if you are **pregnant** or **breast feeding.**

3. How to take CHLOROHISTOL

Always take **CHLOROHISTOL** exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

- The tablet can be divided into equal doses.
- **Do not take more than the recommended dose.**
- **Do not give to children under 6 years**

Adults and children aged 12 years and over:

Take one tablet every 4 to 6 hours as needed.

Do not take more than 6 tablets in 24 hours.

Children aged 6 to 12 years:

Give ½ tablet every 4 to 6 hours as needed.

Do not give more than 6 half tablets in 24 hours.

Elderly:

Talk to your doctor or pharmacist before you take this medicine as you may be more likely to get side effects including confusion and you may need to take a lower daily dose.

If you take too many tablets

Contact your doctor or casualty department in hospital. Do not drive if you have taken too many tablets.

If you forget to take the tablets

Take one as soon as you remember, unless it is nearly time to take the next one.

Never take two doses together.

If your symptoms persist, see your doctor.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.



4. Possible side effects

Like all medicines, **CHLOROHISTOL** can have side effects, but not everybody gets them.

Children and older people are more prone to side effects.

- The most common side effect is drowsiness. This drowsiness can be helpful if symptoms are particularly troublesome at night.
- Stop taking this product and consult your doctor if you:
 - Experience Allergic reactions which can be severe. Signs include raised and itchy skin, swelling of the face or mouth causing difficulty breathing.
 - Experience Liver problems.
 - Experience Anaemia or unexplained bleeding or bruising.
 - Experience difficulty passing water
 - Collapse

The following side effects may occur:

- Difficulty concentrating, feeling tired, dizziness, headache or blurred vision.
- Loss of appetite, indigestion, feeling or being sick, diarrhoea, tummy pain or dry mouth.
- Low blood pressure (you may feel faint) or changes in heart rhythm.
- Chest tightness or thickening of the phlegm.
- Skin peeling, itchy rash and sensitivity to the sun.
- Ringing in the ears.
- Twitching, muscular weakness and abnormal co-ordination.
- Confusion, excitability, irritability, low mood or nightmares.
- Children may become excited.

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet.

To report any side effect(s):

• Saudi Arabia:

The National Pharmacovigilance and Drug Safety Centre (NPC)

Fax: +966-11-205-7662

Call NPC at +966-11-2038222,

Exts: 2317-2356-2340

Reporting Hotline: 19999

E-mail: npc.drug@sda.gov.sa

Website: www.sda.gov.sa/npc

- Other GCC States: Please contact the relevant competent authority.

5. How to store CHLOROHISTOL

- Keep out of the reach and sight of children.
- Do not take **CHLOROHISTOL** after the expiry date which is stated on the carton and on the blister.
- Store below 30°C, in a dry place.
- Do not take **CHLOROHISTOL** if you notice any visible sign of deterioration.
- Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information

What CHLOROHISTOL contains

The active substance is chlorpheniramine maleate.

Each tablet contains: chlorpheniramine maleate 4mg.

The other ingredients are: Lactose monohydrate, starch, talc, and magnesium stearate.

What are the available packs of CHLOROHISTOL

CHLOROHISTOL tablets is available in packs containing 20, 200 or 1000 tablets.

THIS IS A MEDICAMENT

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicines their benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of reach of the children.

Council of Arab Health Ministers,

Union of Arab Pharmacists

Any information? Call (971) 800-4994, U.A.E.



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Gulf Pharmaceutical Industries (Julphar),
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